



NCCN Guidelines Version 2.2025

Multiple Myeloma

THERAPY FOR PREVIOUSLY TREATED MULTIPLE MYELOMA ^{a-d,l-o} Relapsed/Refractory Disease After 1–3 Prior Therapies		
Preferred Regimens* <i>Order of regimens does not indicate comparative efficacy</i>		
Anti-CD-38 Refractory	Bortezomib-Refractory	Lenalidomide-Refractory
<ul style="list-style-type: none"> • Carfilzomib/lenalidomide/dexamethasone (category 1) • Carfilzomib/pomalidomide/dexamethasone • Pomalidomide/bortezomib/dexamethasone (category 1) <p>After two prior therapies including lenalidomide and a PI</p> <ul style="list-style-type: none"> ▶ Elotuzumab/pomalidomide/dexamethasone <p>After two prior therapies including an IMiD and a PI and with disease progression on/within 60 days of completion of last therapy</p> <ul style="list-style-type: none"> ▶ Ixazomib/pomalidomide/dexamethasone 	<ul style="list-style-type: none"> • Carfilzomib/lenalidomide/dexamethasone (category 1) • Daratumumab/carfilzomib/dexamethasone (category 1) • Daratumumab/lenalidomide/dexamethasone (category 1) • Isatuximab-irfc/carfilzomib/dexamethasone (category 1) • Carfilzomib/pomalidomide/dexamethasone <p>After one prior therapy including lenalidomide and a PI</p> <ul style="list-style-type: none"> ▶ Daratumumab/pomalidomide/dexamethasone (category 1) <p>After two prior therapies including lenalidomide and a PI</p> <ul style="list-style-type: none"> ▶ Isatuximab-irfc/pomalidomide/dexamethasone (category 1) ▶ Elotuzumab/pomalidomide/dexamethasone 	<ul style="list-style-type: none"> • Daratumumab/bortezomib/dexamethasone (category 1) • Daratumumab/carfilzomib/dexamethasone (category 1) • Isatuximab-irfc/carfilzomib/dexamethasone (category 1) • Pomalidomide/bortezomib/dexamethasone (category 1) • Carfilzomib/pomalidomide/dexamethasone <p>After one prior therapy including lenalidomide and a PI</p> <ul style="list-style-type: none"> ▶ Daratumumab/pomalidomide/dexamethasone (category 1) <p>After two prior therapies including lenalidomide and a PI</p> <ul style="list-style-type: none"> ▶ Isatuximab-irfc/pomalidomide/dexamethasone (category 1) ▶ Elotuzumab/pomalidomide/dexamethasone <p>After two prior therapies including an IMiD and a PI and with disease progression on/within 60 days of completion of last therapy</p> <ul style="list-style-type: none"> ▶ Ixazomib/pomalidomide/dexamethasone
CAR T-Cell Therapy After one prior line of therapy including IMiD and a PI, and refractory to lenalidomide <ul style="list-style-type: none"> ▶ Ciltacabtagene autoleucel (category 1) <p>After two prior lines of therapies including an IMiD, an anti-CD38 monoclonal antibody and a PI</p> <ul style="list-style-type: none"> ▶ Idecabtagene vicleucel (category 1) 		

* For Other Recommended Regimens and for regimens Useful in Certain Circumstances for Relapsed/Refractory Disease After 1–3 Prior Therapies, [see MYEL-G 4 of 5](#)

^a Selected, but not inclusive of all regimens. The regimens under each preference category are

^b listed by order of NCCN Category of Evidence and Consensus alphabetically.

^c [Supportive Care Treatment for Multiple Myeloma \(MYEL-H\)](#).

^d [General Considerations for Myeloma Therapy \(MYEL-F\)](#).

^l [Management of Renal Disease in Multiple Myeloma \(MYEL-K\)](#).

^o Regimens included under 1–3 prior therapies can also be used later in the disease course. Attempt should be made to use drugs/drug classes the patients have not been exposed to or exposed to >1 line prior.

^m Autologous HCT should be considered in patients who are eligible and have not previously received HCT or had a prolonged response to initial HCT.

ⁿ In order to maximize benefit of systemic therapy, agents/regimens may be reconsidered or repeated if relapse is after at least 6 months of stopping therapy.

^o Alkylating agents can impact the ability to collect T cells for CAR T-cell therapy. See [NCCN Guideline for Management of Immunotherapy-Related Toxicities](#).

Note: All recommendations are category 2A unless otherwise indicated.



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THERAPY FOR PREVIOUSLY TREATED MULTIPLE MYELOMA^{a-d,l-p} Relapsed/Refractory Disease After 1–3 Prior Therapies

Other Recommended Regimens

- Carfilzomib (twice weekly)/dexamethasone (category 1)
- Elotuzumab/lenalidomide/dexamethasone (category 1)
- Ixazomib/lenalidomide/dexamethasone (category 1)
- Selinexor/bortezomib/dexamethasone (category 1)
- Bortezomib/cyclophosphamide/dexamethasone
- Bortezomib/lenalidomide/dexamethasone
- Carfilzomib/cyclophosphamide/dexamethasone
- Daratumumab/cyclophosphamide/bortezomib/dexamethasone
- Daratumumab/carfilzomib/pomalidomide/dexamethasone
- Elotuzumab/bortezomib/dexamethasone
- Ixazomib/cyclophosphamide/dexamethasone
- Lenalidomide/cyclophosphamide/dexamethasone

After two prior therapies including an IMiD and a PI and disease progression on/within 60 days of completion of last therapy

- Pomalidomide/cyclophosphamide/dexamethasone (category 1)

Useful in Certain Circumstances

- Bortezomib/dexamethasone (category 1)
- Bortezomib/liposomal doxorubicin/dexamethasone (category 1)
- Lenalidomide/dexamethasone (category 1)
- Carfilzomib/cyclophosphamide/thalidomide/dexamethasone
- Carfilzomib (weekly)/dexamethasone
- Selinexor/carfilzomib/dexamethasone
- Selinexor/daratumumab/dexamethasone
- Venetoclax/dexamethasone ± daratumumab or PI only for t(11;14) patients

After two prior therapies including IMiD and a PI and with disease progression on/within 60 days of completion of last therapy

- Pomalidomide/dexamethasone (category 1)
- Selinexor/pomalidomide/dexamethasone

For treatment of aggressive MM

- Dexamethasone/cyclophosphamide/etoposide/cisplatin (DCEP)
- Dexamethasone/thalidomide/cisplatin/doxorubicin/cyclophosphamide/etoposide (DT-PACE) ± bortezomib (VTD-PACE)

After at least three prior therapies including a PI and an IMiD or are double-refractory to a PI and an IMiD

- Daratumumab

^a Selected, but not inclusive of all regimens. The regimens under each preference category are listed by order of NCCN Category of Evidence and Consensus alphabetically.

^b [Supportive Care Treatment for Multiple Myeloma \(MYEL-H\)](#).

^c [General Considerations for Myeloma Therapy \(MYEL-F\)](#).

^d [Management of Renal Disease in Multiple Myeloma \(MYEL-K\)](#).

^l Regimens included under 1–3 prior therapies can also be used later in the disease course. Attempt should be made to use drugs/drug classes the patients have not been exposed to or exposed to >1 line prior.

^m Autologous HCT should be considered in patients who are eligible and have not previously received HCT or had a prolonged response to initial HCT.

ⁿ In order to maximize benefit of systemic therapy, agents/regimens may be reconsidered or repeated if relapse is after at least 6 months of stopping therapy.

^o Alkylating agents can impact the ability to collect T cells for CAR T-cell therapy. See [NCCN Guideline for Management of Immunotherapy-Related Toxicities](#).

^p Consider single-agent lenalidomide or pomalidomide for patients with steroid intolerance.

Note: All recommendations are category 2A unless otherwise indicated.



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Multiple Myeloma

THERAPY FOR PREVIOUSLY TREATED MULTIPLE MYELOMA ^{a,d,l-o} Relapsed/Refractory Disease After 3 Prior Lines of Therapy	
Preferred Regimens ^q	
<p>► CAR T-cell Therapy:</p> <ul style="list-style-type: none"> ◊ Ciltacabtagene autoleucel ◊ Idecabtagene vicleucel <p>After at least four prior therapies, including an anti-CD38 monoclonal antibody, a PI, and an IMiD</p> <p>► Bispecific Antibodies:^r</p> <ul style="list-style-type: none"> ◊ Elranatamab-bcmm ◊ Talquetamab-tgvs ◊ Teclistamab-cqyv 	
Other Recommended Regimens	
<ul style="list-style-type: none"> • Bendamustine • Bendamustine/bortezomib/dexamethasone • Bendamustine/carfilzomib/dexamethasone • Bendamustine/lenalidomide/dexamethasone • High-dose or fractionated cyclophosphamide <p>After at least four prior therapies and whose disease is refractory to at least two PIs, at least two immunomodulatory agents, and an anti-CD38 monoclonal antibody</p> <ul style="list-style-type: none"> • Selinexor/dexamethasone 	
Useful in Certain Circumstances ^q	
<ul style="list-style-type: none"> • Talquetamab-tgvs + teclistamab-cqyv^r <p>After at least four prior therapies, including an anti-CD38 monoclonal antibody, a PI, and an IMiD</p> <ul style="list-style-type: none"> • Belantamab mafodotin-blmf (if available through compassionate use program) 	

^a Selected, but not inclusive of all regimens. The regimens under each preference category are listed by order NCCN Category of Evidence and Consensus alphabetically.

^b [Supportive Care Treatment for Multiple Myeloma \(MYEL-H\)](#).

^c [General Considerations for Myeloma Therapy \(MYEL-F\)](#).

^d [Management of Renal Disease in Multiple Myeloma \(MYEL-K\)](#).

^l Regimens included under 1–3 prior therapies can also be used later in the disease course. Attempt should be made to use drugs/drug classes the patients have not been exposed to or exposed to >1 line prior.

^m Autologous HCT should be considered in patients who are eligible and have not previously received HCT or had a prolonged response to initial HCT.

ⁿ In order to maximize benefit of systemic therapy, agents/regimens may be reconsidered or repeated if relapse is after at least 6 months of stopping therapy.

^o Alkylating agents can impact the ability to collect T cells for CAR T-cell therapy. See [NCCN Guideline for Management of Immunotherapy-Related Toxicities](#).

^q Patients can receive more than one B-cell maturation antigen (BCMA) targeted therapy. Optimal sequencing of sequential BCMA targeted therapies is not known; however accumulated data suggests immediate follow on with second BCMA directed therapy after relapse may be associated with lower response rates

^r Prophylactic tocilizumab may be considered prior to first dose to reduce the risk of cytokine release syndrome (CRS).

Note: All recommendations are category 2A unless otherwise indicated.